



## **NEWS RELEASE**

**Food Balance Sheet 2013 - 2017**  
**Department of Census and Statistics**  
**Ministry of Economic Reforms and**  
**Public Distribution**

**Telephone: 011-2147464**

**Fax: 011-2147463**

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The Department of Census & Statistics prepares food Balance Sheet regularly for each year. Food Balance sheet for years from 2013 – 2017 have been prepared this year, using improved methodologies introduced by Food and Agriculture Organization of United Nations (FAO).

Food Balance sheet is an account that indicates total food supply in a country within a given year. Total food supply of a country is the aggregate of food quantity produced within a year, imports of a year and changing stocks of a year. This total supply is use for food consumption, exports, animal feed, seed, industrial uses and waste.

(Production + Imports + changing stocks = Food + Exports + feed + Seeds + industrial uses + waste)

According to the Food Balance Sheets, calculated average availability of calorie, protein, and fat per person per day is 2883 kilo calories, 72gs and 52gs respectively for the period 2013 – 2017. Further, 93% of calorie supply comes from vegetable based sources while balance 7% comes from animal based sources. Further, it has been calculated that 12% of protein supply is gained from fish and seafood, 11% from pulses, 7%, 6% & 5% from vegetables, milk products and meat products respectively. 32% of the fat supply comes from vegetable oil and 31% comes from oil crops.

Average rice supply per person per year is estimated as 169 kg. Vegetable and fruits supply per person per year is 132 kg and 42 kg. Further, the FBS shows average supply of milk, fish, meat and eggs as 34kg, 32kg, 10kg and 5kg respectively.

The report including all the information of Food Balance sheet can be obtained by accessing to official web page [www.statistics.gov.lk](http://www.statistics.gov.lk) of Department of Census & Statistics.

I R Bandara  
Director General  
Department of Census and Statistics  
Contact No: 011-2147020