

**Agriculture and Environment Statistics Division
Department of Census and Statistics, Sri Lanka.**

Per Capita Availability of Calories, Proteins and Fat by Sources 2005-2010

| Year | Calories per day | | | Proteins (G/day) | | | Fats (G/day) | | |
|-------------|------------------|-----------|--------|------------------|-----------|--------|--------------|-----------|--------|
| | Total | Vegetable | Animal | Total | Vegetable | Animal | Total | Vegetable | Animal |
| 2005 | 2,430.1 | 2,293.7 | 136.4 | 60.1 | 44.8 | 15.3 | 42.1 | 35.8 | 6.3 |
| 2006 | 2,419.3 | 2,263.3 | 156.0 | 60.4 | 42.9 | 17.5 | 43.3 | 36.2 | 7.1 |
| 2007 | 2,368.6 | 2,211.7 | 156.9 | 59.6 | 41.2 | 18.4 | 48.8 | 41.9 | 6.9 |
| 2008 | 2,551.7 | 2,396.2 | 155.5 | 61.3 | 43.1 | 18.2 | 45.1 | 38.2 | 6.9 |
| 2009 | 2,434.1 | 2,276.1 | 158.0 | 61.6 | 43.3 | 18.3 | 47.4 | 40.3 | 7.1 |
| 2010 | 2,688.4 | 2,517.4 | 171.0 | 67.1 | 47.6 | 19.5 | 46.0 | 38.5 | 7.5 |

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