

Summary of Food Balance Sheet - 2010

Items	000 Metric tons				Per Capita Availability					
	Production	Gross Imports	*Available Supply	**Food Net	Food Gms per day	Calories per day	Protein Gms per day	Fat Gms per day		
Cereals	4,469.73	736.82	5,191.81	3,396.73	450.59	1561.83	33.12	2.69		
Roots, Tubers & Other Starchy Food	381.15	130.89	512.04	387.40	51.38	66.60	0.56	0.08		
Sugar	33.38	539.20	571.53	545.57	72.37	289.37	0.00	0.00		
Pulses & Nuts	45.18	152.31	196.88	188.61	25.02	90.30	6.24	1.39		
Vegetable (including Onions)	997.14	170.52	1,148.96	1,052.06	139.56	77.14	3.62	0.50		
T. V. P.	3.71	0.02	3.72	3.72	0.49	1.84	0.25	0.01		
Fruits	558.43	51.79	594.02	585.85	77.72	78.47	0.99	0.24		
Meat	134.63	1.55	133.87	133.87	17.77	23.26	4.30	0.68		
Eggs	64.63	0.11	64.74	63.58	8.43	14.59	1.12	1.12		
Fish	(i)	Fresh	384.67	13.63	384.93	137.81	18.28	24.33	3.57	1.00
	(ii)	Dried & Salted	46.57	48.69	95.26	95.26	12.64	30.97	6.41	0.51
	(iii)	Tinned Fish	0.00	19.18	19.18	19.18	2.54	4.38	0.53	0.02
Milk	(i)	Fresh	209.08	0.00	209.08	124.83	16.56	14.22	0.60	0.97
	(ii)	Whole Dried	9.32	72.42	82.66	82.45	10.44	54.27	2.82	2.92
	(iii)	Condensed	5.01	0.03	5.09	5.09	0.68	2.20	0.05	0.06
	(iv)	Milk Food (Yogurt etc.)	7.96	0.08	8.04	8.04	1.07	0.64	0.04	0.00
Oil & Fats (including Coconut)	1,025.28	8.51	989.86	728.35	96.62	353.95	2.83	33.81		
Total	8,375.87	1,945.75	10,211.67	7,558.40	1,002.16	2,688.36	67.05	46.00		

Estimated Mid Year Population : 20,653,000

* (Production + Imports) - (Change in Stocks + Exports)

** Quantities set apart for Seed, Animal Feed, Waste, Manufacturing are excluded