

# Food Balance Sheet Sri Lanka

**2022**

Population ('000): **22,181**

Products	DOMESTIC SUPPLY (1000 MT)					DOMESTIC UTILIZATION (1000 MT)						PER CAPITA SUPPLY			
	Prod.	Imports	Stock change	Exports	Total D.S.	Feed	Seed	Processed	Waste	Oth.Util.	Food	PER YEAR FOOD	Calories	PER DAY Proteins	Fats
	1000 Metric Tons											Kg.	units	grams	grams
Grand total													2581	63	50
Vegetable prod.													2374	46	39
Animal prod.													207	17	11
Cereals (excl. beer)	2533	1893	37	128	4336	328	78	435	163	0	3332	154	1451	30	3
Wheat	0	886	9	121	773	0	0	90	14	0	669	34	250	7	1
Maize	259	178	0	0	437	328	2	7	13	0	88	4	37	1	0
Rice (Milled Eq.)	2263	768	28	6	3054	0	76	337	136	0	2505	113	1141	22	2
Barley	0	60	0	0	60	0	0	0	0	0	60	3	21	0	0
Millet	11	0	0	0	11	0	0	2	0	0	9	0	3	0	0
Sorghum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cereals, other	0	1	0	0	1	0	0	0	0	0	1	0	0	0	0
Starchy roots	458	161	0	8	611	0	8	0	52	0	551	25	85	1	0
Cassava	308	7	0	7	308	0	0	0	15	0	293	13	53	0	0
Potatoes	48	154	0	0	201	0	8	0	20	0	173	8	20	0	0
Sweet Potatoes	45	0	0	0	45	0	0	0	2	0	43	2	6	0	0
Roots, other	57	0	0	0	57	0	0	0	14	0	42	2	6	0	0
Sugar crops	877	0	0	0	877	0	0	859	0	0	18	1	1	0	0
Sugar cane	877	0	0	0	877	0	0	859	0	0	18	1	1	0	0
Sugar beet	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sugar & Sweeteners	115	454	0	33	536	0	0	90	0	6	441	20	200	0	0
Sugar (raw equivalent)	79	451	0	1	529	0	0	90	0	5	434	20	199	0	0
Sweeteners, other	37	2	0	32	7	0	0	0	0	0	7	0	0	0	0
Pulses	37	150	0	0	187	0	1	0	6	0	180	8	77	5	0
Beans	10	0	0	0	10	0	0	0	0	0	9	0	4	0	0
Peas	13	0	0	0	13	0	0	0	0	0	12	1	5	0	0
Pulses, other	15	150	0	0	165	0	1	0	5	0	159	7	68	5	0
Treenuts	19	3	0	0	21	0	0	2	0	0	19	1	6	0	0

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	1000 Metric Tons											Kg.	units	grams	grams
Oilcrops	1246	6	0	222	1030	0	2	486	1	5	535	24	269	4	24
Soybeans	4	4	0	0	7	0	0	1	0	0	6	0	3	0	0
Groundnuts	19	0	0	0	19	0	1	0	1	0	18	1	17	1	1
Mustard seed	0	2	0	0	2	0	0	0	0	0	2	0	1	0	0
Coconuts (incl. copra)	1213	0	0	214	998	0	1	485	0	5	507	23	246	3	22
Sesame seed	10	0	0	7	3	0	0	0	0	0	2	0	1	0	0
Oilcrops, other	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Vegetable oils	84	21	0	20	85	0	0	0	0	19	66	3	69	0	8
Soybean oil	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Groundnut oil	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sunflower seed oil	0	4	0	0	4	0	0	0	0	0	4	0	4	0	1
Palm oil	0	1	0	0	1	0	0	0	0	0	1	0	1	0	0
Copra oil	84	12	0	20	77	0	0	0	0	19	57	3	63	0	7
Sesame seed oil	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Oilcrops oil, other	0	4	0	0	4	0	0	0	0	0	4	0	1	0	0
Vegetables	2119	324	0	9	2434	27	1	0	308	0	2098	89	77	4	0
Tomatoes	88	9	0	0	97	0	0	0	12	0	85	4	2	0	0
Onions	67	278	0	0	345	0	1	0	24	0	320	14	23	1	0
Vegetables, other	1964	37	0	9	1992	27	0	0	271	0	1693	71	52	3	0
Fruits	1240	37	3	45	1235	56	0	78	150	0	952	43	80	1	0
Oranges & mandarins	8	7	0	0	15	0	0	0	1	0	14	1	0	0	0
Lemons & limes	13	0	0	0	13	0	0	1	1	0	12	1	0	0	0
Citrus, other	0	6	0	0	6	0	0	0	0	0	6	0	0	0	0
Bananas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Plantains	731	0	0	17	714	51	0	58	73	0	531	24	58	1	0
Apples (excl. cider)	0	8	0	0	8	0	0	0	0	0	8	0	0	0	0
Pineapples	53	1	0	1	53	1	0	10	8	0	35	2	1	0	0
Dates	0	7	0	0	7	0	0	0	0	0	7	0	2	0	0
Grapes (excl. wine)	0	4	0	0	4	0	0	0	1	0	4	0	0	0	0

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	1000 Metric Tons											Kg.	units	grams	grams
Fruit, other	435	4	3	27	414	4	0	9	66	0	336	15	17	0	0
<b>Stimulants</b>	<b>258</b>	<b>6</b>	<b>0</b>	<b>252</b>	<b>12</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>12</b>	<b>1</b>	<b>3</b>	<b>0</b>	<b>0</b>
Coffee	5	0	0	0	5	0	0	0	0	0	5	0	0	0	0
Cocoa Beans	1	6	0	2	5	0	0	0	0	0	5	0	3	0	0
Tea	251	0	0	250	1	0	0	0	0	0	1	0	0	0	0
<b>Spices</b>	<b>242</b>	<b>15</b>	<b>0</b>	<b>34</b>	<b>223</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>126</b>	<b>97</b>	<b>4</b>	<b>38</b>	<b>1</b>	<b>1</b>
Pepper	44	0	0	11	33	0	0	0	0	0	33	1	11	0	0
Pimento	0	5	0	0	4	0	0	0	0	0	4	0	2	0	0
Cloves	6	0	0	2	4	0	0	0	0	1	3	0	1	0	0
Spices, other	192	11	0	21	182	0	0	0	0	126	57	3	23	1	1
<b>Alcoholic beverages</b>	<b>147</b>	<b>6</b>	<b>0</b>	<b>15</b>	<b>137</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>137</b>	<b>6</b>	<b>18</b>	<b>0</b>	<b>0</b>
Beverages, fermented	134	3	0	0	137	0	0	0	0	0	137	6	18	0	0
Beverages, alcoholic	13	3	0	15	0	0	0	0	0	0	0	0	0	0	0
<b>Meat</b>	<b>262</b>	<b>1</b>	<b>0</b>	<b>2</b>	<b>261</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>261</b>	<b>12</b>	<b>44</b>	<b>4</b>	<b>3</b>
Bovine meat	22	0	0	0	22	0	0	0	0	0	22	1	5	0	0
Mutton & goat meat	2	1	0	0	3	0	0	0	0	0	3	0	0	0	0
Pig meat	9	0	0	0	10	0	0	0	0	0	10	0	5	0	0
Poultry meat	228	0	0	2	226	0	0	0	0	0	226	10	34	3	2
Other meat	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Animal fats</b>	<b>10</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>0</b>	<b>7</b>	<b>0</b>	<b>1</b>
Butter, ghee	7	0	0	0	7	0	0	0	0	0	7	0	6	0	1
Cream	3	0	0	0	3	0	0	0	0	0	3	0	1	0	0
<b>Milk (excluding butter)</b>	<b>528</b>	<b>54</b>	<b>0</b>	<b>2</b>	<b>580</b>	<b>0</b>	<b>0</b>	<b>278</b>	<b>25</b>	<b>0</b>	<b>277</b>	<b>12</b>	<b>72</b>	<b>4</b>	<b>4</b>
Cow milk	419	0	0	0	419	0	0	252	21	0	147	7	11	1	1
Buffalo milk	87	0	0	0	87	0	0	26	4	0	57	3	8	0	1
Whole dried	12	50	0	0	62	0	0	0	0	0	62	3	41	2	2
Condensed milk	3	0	0	1	1	0	0	0	0	0	1	0	1	0	0
Milk food (yogurt etc)	7	4	0	0	10	0	0	0	0	0	10	0	11	1	1
<b>Eggs</b>	<b>104</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>103</b>	<b>0</b>	<b>7</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>91</b>	<b>4</b>	<b>14</b>	<b>1</b>	<b>1</b>

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	Prod.	Imports	Stock change	Exports	Total D.S.	Feed	Seed	Processed	Waste	Oth.Util.	Food	PER YEAR FOOD	PER DAY		
													Calories	Proteins	Fats
<b>1000 Metric Tons</b>												Kg.	units	grams	grams
Fish & sea food	422	42	0	26	438	0	0	0	0	0	438	20	70	8	2
Freshwater fish	117	0	0	0	117	0	0	0	0	0	117	5	10	2	0
Marine fish (fresh)	281	8	0	26	263	0	0	0	0	0	263	12	43	6	2
Canned fish	6	3	0	0	9	0	0	0	0	0	9	0	2	0	0
Dried Fish	19	30	0	0	49	0	0	0	0	0	49	2	15	0	0
Miscellaneous	0	2	0	2	0	0	0	0	0	0	0	0	1	0	0

\* Provisional